

NATIONAL LIST OF CANADIAN CRISIS RESPONSE SERVICES

The following list represents an evolving document to assist crisis response service providers in making linkages to various crisis response services across Canada. Please note that some contact information is for the use of other service providers only, and not for the general public.

The services listed include police-based programs that enhance the ability of patrol officers to handle mental health crises, mobile crisis teams in partnership with police, mobile teams comprised of healthcare professionals, emergency-room services and some crisis lines. Some additional website information is also included.

Crisis response programs have been created to fit in with the specific communities in which they operate, and as such it is acknowledged that there is a wide variety of programs and services depending on the geographic area, population, and other factors specific to those communities.

Given that these services are growing across Canada and changing in many regions, new programs may emerge that we are not familiar with or old programs make changes that are not yet reflected in this document. If you are aware of a change that is needed to this document, please contact a member of the Canadian Police and Mental Health Liaison Committee (<http://www.pmhl.ca/en/index.html>)

CANADIAN CRISIS RESPONSE SERVICES

| BRITISH COLUMBIA (1) | | | | | |
|---|--|--|---|--|---|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Provincial | 1-800-Suicide | Provincial Suicide Prevention Line – Picked-up by various crisis lines within British Columbia | 1-800-Suicide | 24/7 | <i>Information on crisis lines throughout British Columbia can be found at:</i> http://www.communitycounselling.org/bc_crisis_centres.htm |
| Vancouver | Distress Line and Vancouver Mental Health Emergency Services (MHES), Car 87/88 | Distress Line and Mobile Crisis Response with Police | Public Distress Line (604) 872-3311 Restricted access through E-COMM VPD and (604) 874-7307 | Distress Line 24/7 Car 87/88 0730-0300 every day | Triage through MHES Partnership program with Vancouver Police MH Outreach is with an assigned police officer |
| West/North Vancouver | Distress Line and Emergency MH Services | Distress Line and psychiatric response to ER | Public Distress Line (604) 872-3311 ER Response (604) 988-3131 | Distress Line 24/7 ER 0700-2400 | LGH ER Psychiatric Nurse No Outreach |
| Victoria (South Vancouver Island Capital Region – Greater Victoria, Esquimalt, Oak Bay, Saanich, Westshore, Central & North Saanich, Sidney, Sooke, Port Renfrew) | Integrated Mobile Crisis Response Team (IMCRT) | Crisis Line and Mobile Crisis Response Team with Police | Public Crisis Line (250) 386-6323 Restricted access through police radio and pager # (361-5958) for professional service providers only. | Crisis Line 24/7 IMCRT 1300-2400 every day | Program comprised of police officers in plain-clothes, child & youth counselors, nurses, and social workers Partnership between the Vancouver Island Health Authority (VIHA) Mental Health and Addictions Services and the Area Chiefs of Police Service to all ages in the Capital Region, and back-up service to Saltspring Island. |
| Saltspring Island | Emergency Mental Health Service | Crisis Response Nurse | (250) 537-8059 | 1600-2400 every day | Crisis Response Nurse works out of the Saltspring Island Community Association, provides consultation to Saltspring Island RCMP, and responds to Lady Minto Hospital. Some consultation to other Gulf Island communities. |
| South Fraser Health Region (Surrey, White Rock, Langley, Delta, Ladner, Richmond, Tsawassen) | Distress Line, Mental Health After Hours Service (MHAHS), MHES, and Car 67 | Public Distress Line | (604) 951-8855 South Fraser | 24/7 | No Outreach |
| | | | (604) 279-7070 Richmond, Delta | 0900-2400 | No Outreach |
| | | MHES – Mental Health Emergency Service | (604) 244-5562 | 1100-0100 every day | Richmond only Outreach Service 1100-2300 every day |
| | | MHAHS – Mental Health After-Hours Outreach Service | (604) 587-4222 | 1630-2300 M-F 1300-2300 S/S | Separate program to Car 67, crossing municipal boundaries |
| | | Car 67 – Mobile Crisis Response + police | (604) 599-0502 | 1400-0200 every day | Surrey only. Police/MH Partnership |

CANADIAN CRISIS RESPONSE SERVICES

| BRITISH COLUMBIA (2) | | | | | |
|---|--|---|---|---|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Abbotsford (Includes Mission) | Abbotsford-Mission Emergency Mental Health Team | Distress Line and Mobile Crisis Response | (604) 820-1166 1-877-820-7444 Professional Pager access to A-M EMHS 1-800-242-6964 | Distress Line 24/7 A-M EMHS 1300-2400 every day | Distress Line provides triage for A-M EMHS. |
| New Westminster and Burnaby (Includes Anmore, Belcarra, Coquitlam, Maple Ridge, Pitt Meadows, Port Coquitlam, Port Moody) | Distress Lines, MH Crisis Line, and Fraser North After Hours Mental Health Service | Public Distress Lines | (604) 872-3311 Burnaby (604) 540-2221 New Westminster etc. | Distress Lines 24/7 | No Outreach |
| | | MH Crisis Line Burnaby | (604) 453-1950 Burnaby | MH Crisis Line 24/7 | No Outreach After-hours service for Burnaby Mental Health |
| | | Fraser North After-Hours Mental Health Service | (604) 527-0009 Fraser North | 1530-2300 M-F 1300-2300 S/S | Outreach service MHAS staff cross municipal boundaries to cover the region |
| Nanaimo (Central Vancouver Island) | Access and Crisis Services CRT (Crisis Response Team) | Mental Health & Addictions Intake and mobile crisis response services. | 250-739-5757 | 24/7 Service | Intake and outreach services Liaison with RCMP |
| Duncan (Vancouver Island, includes Cowichan region) | CRT (Crisis Response Team) | Mental Health Service to ER and Community | (250) 746-4141 | 0830-2200 every day | Psychiatric nurses. |
| Kamloops | KURT (Kamloops Urgent Response Team) | Mobile crisis response team | (604) 377-0088 | 1630-0100 M-F 1230-0100 S/S | Crisis Counselor/outreach |
| Okanagan (includes Kelowna) | Crisis Line & Mental Health Services | Public Crisis/Suicide Line and Mental Health Services emergency access number | (250) 763-9191 Crisis Line (250) 868-7788 Mental Health Line | 24/7 24/7 | Additional resources for smaller communities can be found at: http://www.interiorhealth.ca/Health+Services/ |
| Parksville (Vancouver Island) | Mental Health and Addictions Outreach Team | General outreach team | (250) 248-3111 District 69 Crisis Line | 0830-1730 M-F | After-hours response provided by the Nanaimo Crisis Response Team |

CANADIAN CRISIS RESPONSE SERVICES

| BRITISH COLUMBIA ⁽³⁾ | | | | | |
|--|---|---|-------------------------|---|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Port Hardy (North Vancouver Island) | North Vancouver Island Crisis and Counseling Centre | Crisis Centre and link to other community services | (250) 949-6033 | 0830-1630 M-F | Network of services for isolated communities |
| Lytton (All aboriginal communities in the Fraser Canyon) | Lytton First Nations Crisis Intervention Team | Mobile crisis response | (604) 455-2115 | After-hours and weekends | |
| Courtney & Comox (Central Vancouver Island) | Crisis Nurse | Crisis response nurse based in hospital but will partner with RCMP for outreach calls | Pager (250) 703-7079 | Mon-Frid 0830-1800, Sat, Sun and Holidays 0930-1700 | |

CANADIAN CRISIS RESPONSE SERVICES

| ALBERTA | | | | | |
|---|--------------------------------|------------------------------------|-------------------------|--|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Edmonton | PACT – Police and Crisis Team | Mobile Crisis Response with Police | (403) 482-0222 | 24/7 | Partnership between Adult Crisis Response Team and Edmonton Police Service. |
| Calgary Extends to Black Diamond, Okotoks, and High River | The Mobile Response Team (MRT) | Mobile Crisis Response | (403) 266-1605 | 7 days a week Mon – Fri 9:00 am to 11:00 pm Weekends & holidays 1100 am to 11 pm | MRT consists of three separate teams covering the city limits of Calgary and extends south to include Black Diamond, Okotoks and High River. An outreach team of nurses, social workers and psychologists. |
| Lethbridge | CMHA Crisis Intervention Team | Mobile Crisis Response | (403) 329-5630 | 18 hrs/day | CMHA Service, connection to crisis beds |
| Medicine Hat | Mobile Crisis Team | Mobile Crisis Response | (403) 529-3500 | | Run out of Palliser Community Mental Health Clinic |
| Red Deer | Community Crisis Response Team | Mobile Crisis Response | (403) 340-5466 | | |

CANADIAN CRISIS RESPONSE SERVICES

| SASKATCHEWAN | | | | | |
|----------------------|---|----------------------------------|-------------------------|---------------------------|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Saskatoon | Saskatoon Crisis Intervention Service | Mobile Crisis Response | (306) 933-6200 | 24/7 | Also has a "crisis management" component for hard to serve clients. |
| Regina | Mobile Crisis Services | Mobile Crisis Response | (306) 757-0127 | 24/7 | |
| Prince Albert | Prince Albert Mobile Crisis Cooperative | Mobile Crisis Response | (306) 764-1011 | 24/7 | Includes child protection, sexual assault intervention, and financial assistance |

CANADIAN CRISIS RESPONSE SERVICES

| MANITOBA | | | | | |
|---|--|----------------------------------|--|---------------------------|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Winnipeg | Mental Health Crisis Response | Mobile Crisis Response | 204-946-9109 | 24/7 | Mobile crisis response, linked to a crisis stabilization unit and brief therapy/treatment service. |
| Brandon (includes Assiniboine region) | Mobile Crisis Unit | Mobile Crisis Response | (204) 725-4411 | 24/7 | |
| Parkland | Dauphin Mobile Crisis Unit | Mobile Crisis Response | 1-866-332-3030 | | |
| Interlake | Interlake Mobile Crisis Unit | Mobile Crisis Response | (204) 482-5376 | | |
| South Eastman | Crisis Response Service | Mobile Crisis Response | (204) 326-9276 | | |
| Central | Mobile Crisis Unit | Mobile Crisis Response | (204) 857-6369 (North) (204) 325-9700 (South) | | |
| Churchill | Churchill Health Centre - Crisis on Call | | (204) 675-8300 | | |

CANADIAN CRISIS RESPONSE SERVICES

| ONTARIO ⁽¹⁾ | | | | | |
|---|--|--|---|-------------------------------|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Champlain Area Mental Health Crisis Services (4 Crisis Teams) | Ottawa Crisis Team | Mobile Crisis Response | 613-722-6914 | 7 days/week 0800 - 0000 | Multidisciplinary outreach team partnered with members of the Ottawa Police Mental Health Unit, with access to psychiatric consultation when necessary. The team can access short-term crisis stabilization beds in the community, and provides service in English and French. |
| | Stormont, Dundas & Glengarry Crisis Team | Mobile Crisis Response | 1-866-966-0991 | 7 days/week 0800 - 0000 | Partnership with Cornwall Community Hospital. Service in English and French for adults 16 and older. Police or other emergency services may be involved as appropriate. |
| | Prescott & Russell Crisis Team | Mobile Crisis Response | 1-866-966-0991 | 7 days/week 0800 - 0000 | Partnership with Montfort Hospital. Service in English and French. Mobile interventions will be provided through a joint visit with local police when necessary. Some short-term follow-up may be provided. |
| | Renfrew County Crisis Service (inc. Whitney, Madawaska, South Algonquin Township, Nippising) | Mobile Crisis Response | 1-866-966-0991 | 7 days/week 0800 - 0000 | Partnership with Pembroke Regional Hospital. Phone or home visit intervention as required, with involvement of police or other emergency services when necessary. Assistance with short-term follow-up will be provided. |
| Norfolk County & Haldimand County | Adult Mental Health Service of Haldimand-Norfolk | Crisis Line and mobile crisis response | 1-866-487-2278 | 24 hr crisis line 7 days/week | Mental Health professionals provide telephone crisis support and direct assessment when necessary. |
| Sarnia | Blue Water Health Crisis Service | Crisis support to ER | 1-519-464-4400 | 0800 to 1600 7 days/week | Mental Health nurse operates from hospital ER. |
| Barrie - Simcoe | CMHA Barrie High Street Site | Crisis line and mobile response | Crisis Line 705-728-5044 or 888-893-8333 | 1400-2200 hrs 7 days/week | Crisis Line, 5 crisis beds, and mobile response. |
| Brant | Brant Mental Health Crisis Response | Crisis support to ER | 519-752-2273 | 24/7 | Crisis Triage and short-term counseling, at the request of the Brant General Hospital ER. |
| Timiskaming | Timiskaming Crisis Response System | Crisis Line and support | 1-888-665-8888 | 24/7 | |
| Lambton County | CMHA | Crisis Line and mobile crisis response | 1-519-336-3445 | 24/7 | Crisis line, mobile response, and short-term intervention. |

CANADIAN CRISIS RESPONSE SERVICES

| ONTARIO (2) | | | | | |
|---------------------|--|---|--|---|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Kitchener | CMHA Waterloo Regional Branch | Distress Line | 1-519-745-1166 | 24/7 | Distress Line, support, access to crisis response |
| Thunder Bay | CMHA Thunder Bay | Crisis Line and Crisis Response Service | 1-807-346-8282 or 1-808-269-3100 (TF) | 24/7 (Crisis Line) 12/7 (Mobile team) | Support and Crisis Intervention, referral to follow-up services. |
| Windsor | Windsor-Essex Community Crisis Centre | Crisis Line and Walk-in Service | (519) 973-4435 | 24/7 (Crisis Line) | |
| | Crisis Mobile Response | Emergency Room Crisis Support Hotel-Dieu Grace Hospital | | | Support to age 16+ with a serious mental illness or psychosocial issues. Access to Day Hospital Program. |
| Toronto | MCIT – Mobile Crisis Intervention Team | Mobile crisis response team – police officer and mental health professional | Through police dispatch or 1-416-289-2434 | 1300 – 2300 hours every day | More than one team covers the greater Toronto region |
| | Gerstein Centre (former city of Toronto, East York, York South) | Crisis Line and supportive counseling | 1-416-929-5200 | 24/7 | Telephone support, community visits, and ten-bed short stay residence |
| | Integrated Community Mental Health Response Program (North York and Etobicoke) | Mobile crisis response team | 1-416-498-0043 | 24/7 | Serves 16 years & older |
| York | Community Crisis Response | Crisis Line and mobile crisis response of plain clothes police officer and mental health professional | 905-310-2673 (COPE) | 24/7 Crisis Line Mobile team 1400 to midnight every day | Access to short-term crisis beds |
| Peel | COAST Peel | Crisis Line and mobile crisis response team | 1-905-278-9036 | 24/7 Crisis Line | Serves 16 years & older |
| | Crisis Response Service for Children | Crisis Line and mobile crisis response team | 1-416-410-8615 | 24/7 Crisis Line | Serves 17 years & younger |
| Durham | Durham Mental Health Crisis Services | Crisis Line, home visits, crisis beds | 1-800-742-1890 or 905-666-0483 | 24/7 Crisis Line | Serves 16 years & older |

CANADIAN CRISIS RESPONSE SERVICES

| ONTARIO ⁽³⁾ | | | | | |
|--|--|--|-----------------------------------|--|---|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Guelph | Emergency Mental Health Services | Psychiatric Nurse accessible to the ER, with psychiatric treatment area in ER. | TBA | 24/7 | In development |
| Hamilton | COAST – Crisis Outreach and Support Team | Crisis Line and mobile crisis response, in partnership with Hamilton-Wentworth Police. | (905) 972-8338 | 24/7 0800 to 0100 mobile | A combination of mental health clinical staff and police officers working in plain-clothes. Response to adults and children/youth, operating out of a community-based site. |
| Halton | COAST – Crisis Outreach and Support Team | Crisis Line and mobile crisis response, in partnership with Halton Regional Police | 1-877-825-9011 | 24/7 Crisis Line 1200-midnight mobile | Midnight to 0800 crisis line answered by COAST Hamilton |
| London City of London (mobile), London-Middlesex County (phone) | London Mental Health Crisis Service | | (519) 433-2023 | 24/7 | Crisis Line, mobile service, assessments in ER. |
| Frontenac | Frontenac Crisis Line | Crisis Line | 613-544-4229 | 24/7 | |
| Lennox and Addington | Lennox and Addington Addiction and Community Health Services | Crisis Line and crisis counseling | 613-354-7388 or 1-800-267-7877 | 24/7 Crisis Line 0830-1630 office | Crisis intervention, response, and referral service |
| Muskoka, Parry Sound, and Sunridge | Muskoka and area Crisis Line | Crisis Line | 1-888-893-8333 | 24/7 | |
| | Parry Sound and Sunridge area Crisis Line | Crisis Line | 1-800-461-5424 | 24/7 | |
| Kenora and Rainy River Districts (includes Atikokan, Dryden, Fort Frances, Kenora, Red Lake, Sioux Lookout and surrounding areas). | Crisis Response Services | Crisis line and mobile crisis response | 1-866-888-8988 | 24/7 Crisis Line Mobile response hours depends on area of service | Crisis intervention, mobile assessment, stabilization. |

CANADIAN CRISIS RESPONSE SERVICES

| ONTARIO (4) | | | | | |
|---|---|---|---|--|---|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Lanark, Leeds and Grenville | Lanark County Mental Health Team | Crisis Line and mental health centre | 1-888-281-2911 | 24/7 | |
| Oxford County | Oxford County Crisis Team | Crisis Line and mobile crisis response | (519) 539-8342 | 24/7 | |
| Chatham - Kent | HELP Team | Police response team in partnership with mental health services | (519) 436-6600 | 24/7 | Police members with enhanced training to handle incidents with emotionally disturbed persons. Community liaison with Mental Health Services. |
| Sault area | Crisis Services | Mobile crisis response | 759-3398 (Sault Ste. Marie) 1-800-721-0077 (outlying areas of the Algoma District) | Monday - Friday, 0800-2400 Hrs. Saturday, Sunday & Stat Holidays --1000-2400 Hrs. | |
| Brantford | CAST – Crisis Assessment and Support Team | | 1-866-487-2278 | | |
| Cornwall | Crisis Team | Crisis Line and mobile crisis response | 1-866-996-0091 | 24/7 | The Mobile Crisis Team works closely with hospital emergency rooms, psychiatrists and police to ensure a safe and comprehensive response. Professionals in the community are provided with a direct phone number to the Mobile Crisis Team. |
| Timiskaming | CMHA Crisis Response Team | Crisis Line and mobile crisis response | (705) 267-8100 Intake Worker 705-647-4305 | | Phone support and mobile visits |
| Haliburton, Northumberland, Peterborough, and Kawartha Lakes | Four County Crisis | Crisis Line and mobile crisis response | (705) 748-6711 | 24/7 Crisis Line | Can refer to short-term case managers for clients requiring some follow-up. |

CANADIAN CRISIS RESPONSE SERVICES

| QUEBEC | | | | | |
|---------------------|---|--|--|--|---|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Montreal | l'Urgence psychosociale-justice de CLSC des Faubourgs (Montreal) | Mobile Crisis Response team | 514-527-9565 ext.3630 | 24/7 | The Mobile crisis team works in collaboration with police officers, professionals of the health care system and social community service to asses people with a disturbed mental health state |
| | Suicide action Montreal | Crisis line | 514-723-4000 | 24/7 | |
| | Crisis centers of Montreal: -L'autre Maison -L'entremise -L'appoint -Iris -Tracom -Le transit -SIP | Crisis response centers and crisis line, some of these centers offers crises mobile team | 514-768-7225 514-351-9592 514-351-6661 514-388-9233 514-483-3033 514-282-7753 514-684-6160 | 24/7 for the crisis line Mobile responses and admissions differ from center to center | Crisis intervention on the site or in the community depending on the center. Crisis accommodations can be up to 10 days |
| Laval | Urgence sociale de Laval | Mobile crisis response service | 450-662-4595 | 24/7 | |
| | Service de crise de Laval | Crisis response centers and crisis line | 450-629-3550 | 24/7 | |
| South shore | Accès | Crisis response centers and crisis line | 450-468-8080 | 24/7 | |

CANADIAN CRISIS RESPONSE SERVICES

| QUEBEC | | | | | |
|---------------------|--|--|-------------------------|---------------------------|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Québec | PECH | Mobile Crisis Response team | 418-523-2820 | 24/7 | The Mobile crisis team works in collaboration with police officers to asses people with a disturbed mental health state, offers emergency accommodations and community support |
| | Centre de prévention suicide de Québec | Crisis line | 418-683-5956 | 24/7 | |
| | Centre de crise de Québec | Crisis response centers, crisis line and mobile team | 418-688-4240 | 24/7 | Crisis intervention on the site or in the community Crisis accommodations |

CANADIAN CRISIS RESPONSE SERVICES

| NEW BRUNSWICK | | | | | |
|--------------------------------|---------------------|----------------------------------|--|---------------------------|---|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| TBA | | Mobile teams in development | | | Mobile teams in development (provincial budget announcement April 2008) |
| Moncton and SE New Brunswick | The Helpline | Crisis line | (506) 859-HELP (4357) | 4pm to 8am every day | |
| Fredericton and larger NB Area | Chimo Helpline | Crisis Line | 1-800-667-5005 or 450 - HELP (4357) (Fredericton Area) | 24/7 | Bilingual |

CANADIAN CRISIS RESPONSE SERVICES

| NOVA SCOTIA | | | | | |
|--|-----------------------------------|--|---|--|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Halifax | Mental Health Mobile Crisis Team | Mobile crisis response; police and mental health | 902-429-8167 toll free 1-800-429-8167 | Tel response 9 am – 5am mobile response 1 pm – 1 am | A partnered crisis support service of Capital Health, IWK Health Centre, Halifax Regional Police and Nova Scotia Dept of Health. |
| Truro, Colchester East Hants Counties, NS | Psychiatric Consultation Team (?) | Hospital based assessment program | 902-896-2606 | M-F 0900-2030 Sat 1600-2030 | Hospital-based crisis triage, consultation, and intervention planning. |

CANADIAN CRISIS RESPONSE SERVICES

| PRINCE EDWARD ISLAND | | | | | |
|-----------------------------|---------------------|----------------------------------|-------------------------|---------------------------|-------------------------------|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| PEI | Island Helpline | Distress Line | 1-800-218-2885 | 24/7 | |

CANADIAN CRISIS RESPONSE SERVICES

| NEWFOUNDLAND | | | | | |
|---------------------|---|--|---|---|--|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| St. Johns | Mental Health Crisis Centre – mobile team (under development) | Mobile crisis response | 1-888-737-4668 | 4 nights per week mobile response, crisis line 24/7 | New service (April 2008), nurse & social worker combination. |
| | CMHA Crisis Line | Crisis Line and referral to mobile service | (709)737-4668. Toll Free 1-888-737-4668 | 24/7 | |

CANADIAN CRISIS RESPONSE SERVICES

| NORTHERN CANADA (YUKON, NORTHWEST TERRITORIES, NUNAVUT) AND OTHER SERVICES | | | | | |
|---|--|--|----------------------------------|---------------------------|-------------------------------|
| Service Area | Service Name | Service Type/ Description | Access Number(s) | Hours of Operation | Additional Information |
| Northwest Territories | Community Mental Health Services | http://www.hlthss.gov.nt.ca/english/services/addictions/contact_us.htm (Website of mental health services for various communities) | See website | | |
| Northwest Territories | NWT Helpline | Crisis Line | 1-800-661-0844 | 7pm to 11pm MST every day | |
| Nunavut and Nunavik (Arctic Quebec) | Nunavut Kamatsiaqtut Help Line | Crisis Line | 1-800-265-3333 or (867) 979-3333 | 7pm to 11pm EST every day | |
| Nunavut | Awareness Centre | Crisis Line | (867) 982-0123 | 24/7 | Temporary RCMP crisis line |
| CANADA | My Mental Health Website | http://www.mymentalhealth.ca/Home/tabid/829/Default.aspx (Website of mental health services for various communities in Canada) | See website | | |
| CANADA | Canadian Mental Health Association Website | http://www.cmha.ca/bins/index.asp (Website of mental health information and links to CMHA programs/offices) | See website | | |
| CANADA | Schizophrenia Society of Canada Website | http://www.schizophrenia.ca/ (Website of related information and programs) | See website | | |
| CANADA | Centre for Addiction and Mental Health Website | http://www.camh.net/ (Website of mental health and addictions information/links) | See website | | |